



सत्यमेव जयते

Ministry of Health & Family Welfare
Government of India



National Centre for
Disease Control
Government of India



National Programme
on Climate Change
and Human Health

National Review Meeting

NATIONAL PROGRAMME ON CLIMATE CHANGE AND HUMAN HEALTH

National Center for Disease Control

Ministry of Health and Family Welfare

17th December 2021

India Habitat Centre, New Delhi



सत्यमेव जयते

Government of India
Ministry of Health & Family Welfare



National Programme
on Climate Change
and Human Health

National Review Meeting

The National Programme on Climate Change and Human Health

New Delhi 2021

State: Jammu and Kashmir
State Nodal Officer: Dr. Parveen Yograaj
Contact Details: 9419181040
E-mail id: dnonrhjammu@gmail.com

NPCCHH Activities 2020-21/21-22 & Budget Proposed/Expended for F.Y. 2021-22

S. No	Activities	Sanction in 2020-21	Sanction in 2021-22	Expenditure till date (%)	Reason for less utilisation	Plan of spending by March 31 st 2022	Reason for non proposal
1	3.3.3.3 Training of Panchayati Raj Institutions/ Block level training						
2	9.5.29.8 a. Training at State level b. Training at District level	911	27.50 (approved under F.M.R code: 9.2.4.9)	Nil	Training schedule has been finalized and will be completed by ending December		
3	16.1.2.1.23 State and district level Task force meetings (multi-sectoral)						
4	16.1.2.1.24 a. Sensitization workshops/meeting at State level b. Sensitization workshops/meeting at District level		0.2394		Under process		
5	5.1.1.2.13 a. Greening of health care facilities b. Climate resilient Healthcare facilities	0					

NPCCHH Activities 2020-21/21-22 & Budget Proposed/expended for F.Y.2021-22 contd..

S.No	Activities	Sanction in 2020-21	Sanction in 2021-22	Expenditure till date (%)	Reason for less utilisation	Plan of spending by March 31 st 2022	Reason for non proposal
6	10.2.14 a. Vulnerability Need Assessment (VA) related to Climate Change and Health b. Research on climate variables and impact on human health						
7	11.24.4.4 IEC	4.00	20.00	Nil	Process has been started for publication in Newspaper/ Radios/ TVs etc.		
8	12.17.3 Printing	2.40	4.00	Nil	Order has been placed for printing of guidelines		
9	16.4.1.5.2 Consultant Climate Change	5.40			No approval in current financial year		
10	Other						

Deliverables

Sl.No.	Major Milestones	Definition	Targets/Achievement during FY 2020-21	Targets/Achievements for FY 2021-22
1	Strengthening of State level organizational structure	1.1. Appointed State Nodal Officer-Climate Change (SNO-CC) 1.2. Constituted Governing Body under Hon'ble Health Ministers of State 1.3. Set up multi-sectoral Task Force under Principal Secretary (Health) 1.4. Established Environment Health Cell (Yes/No)		1.1 Yes (Details Annexed) 1.2 Yes (Details Annexed) 1.3 Under Process 1.4 Under Process
2	Strengthening of District level organizational structure	2.1. How many Districts have appointed District Nodal Officer-Climate Change (DNO-CC) 2.2. How many Districts have set up multi-sectoral Task Force under District Collector 2.3. How many Districts have established Environment Health Cell (EHC)		2.1 All 20 districts 2.2 None 2.3 Under Process
3	Consultant Climate Change and Health	3.1. Whether the State has appointed Consultant Climate Change and Health as per posts approved in ROP 2020-21		3.1 Will Propose in PIP-2022-2023



Appointment of State Nodal Officer-Climate Change (SNO-CC)

MISSION DIRECTOR NATIONAL HEALTH MISSION, J&K
Jammu Office: Regional Institute of Health & Family Welfare, Nagrota, Jammu.
 Fax: 0191-2674114; Telephone: 2674244. Pin: 181221
Kashmir Office: Block A, Ground Floor, Old Secretariat, Srinagar Pin: 190001
 Telephone: 0194-2477337; Fax: 2477309; 2470486 E-mail: mdnhmj@ gmail.com
NHM Help Line for Jammu Division 18001800104; Kashmir Division 18001800102

**Director Health Services,
Jammu/Kashmir**

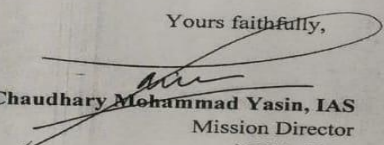
No: SHS/NHM/J&K/NPCCHH 16286-92 Dated 6-12-2021

Subject:- Submission of monthly reports of National Programme for Climate Change and Human Health(NPCCHH).

Madam/Sir,

In pursuance to the Government Order no: 710-JK(HME) of 2021 dated 15-11-2021, in regard to the constitution of UT level Governing Body under National Programme for Climate Change and Human Health(NPCCHH). As per the order the Mission Director, NHM have nominated Dr. Parveen Yograj as State Nodal Officer-CC, NHM,J&K for the said programme.

In this regard, you are requested to submit the monthly reports and other activities related NPCCHH to State Nodal Officer for further submission to MoHFW, GoI.

Yours faithfully,

Chaudhary Mohammad Yasin, IAS
 Mission Director
 NHM, J&K.

Enclosure: Govt order(2 pages)

Copy for information to the:

1. Additional Chief Secretary to Govt. H&ME Deptt., (Chairman, Executive Committee, State Health Society, J&K) Civil Secretariat, Jammu.
2. Director Planning, NHM,J&K
3. FA&CAO, NHM, J&K.
4. State Nodal Officer, NPCCHH, NHM,J&K
5. Divisional Nodal Officers, NPCCHH, DHSJ/K
6. Office copy.



Constitution of Governing Body under Hon'ble Health Ministers of State

Government of Jammu and Kashmir
Health and Medical Education Department
 Civil Secretariat- Jammu/Srinagar

Subject: Constitution of UT level Governing Body under National Programme for Climate Change and Human Health (NPCCHH).

Government Order No: 710- JK (HME) of 2021
 Dated: 15-11-2021

The National Programme on Climate Change and Human Health has been initiated with the objective to raise awareness & train health professionals on Climate Change and to prepare health system to be resilient to the impacts caused by changes in the climate by taking necessary measures.

A multi-pronged approach has been recommended for adoption to address the health-related aspects of climate change through the strategies listed in the National Action Plan for Climate Change and Human Health (NAPCCHH).

In order to effectively implement the recommendations listed under NAPCCHH at UT level, sanction is hereby accorded to the constitution of the Jammu & Kashmir UT Level Governing Body as per the following composition:

1. Administrative Secretary (H&ME)	Chairman
2. Mission Director-National Health Mission	Vice-Chairman
3. Principal, GMC Jammu/Srinagar	Member
4. Director General, Family Welfare, MCH & Immu.	Member
5. Director Health Services Jammu/Kashmir	Member Secretary

Roles & Responsibilities:

- The committee shall take Policy level decisions for implementation of the State/UT Action Plan for Climate Change and Human Health (SAPCCHH) in the UT of Jammu and Kashmir.
- To roll out the State/UT Action Plan for Climate Change and Human Health (SAPCCHH) in the UT of Jammu and Kashmir.

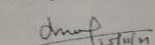
Further, Mission Director, National Health Mission, J&K shall establish an Environmental Health Cell and nominate a Nodal officer, as per the guidelines of National Action Plan for Climate Change and Human Health.

By Order of the Government of Jammu & Kashmir
 Sd/-
 (Vivek Bharadwaj) IAS
 Financial Commissioner (Additional Chief Secretary)
 Health & Medical Education Department

No: HD/Plan/209/2021-06 Dated: 15-11-2021

Copy to the:

1. Joint Secretary (J&K), Ministry of Home Affairs, Govt. of India.
2. Mission Director, NHM, J&K, Jammu
3. Director General, Family Welfare & Immunization, J&K, Jammu
4. Principal, Govt. Medical College, Srinagar/ Jammu
5. Director, Health Services, Jammu/ Kashmir
6. PS to the Financial Commissioner (Additional Chief Secretary), H&ME Department.
7. Govt. Order File (w2acs) Stock file.


 (Aman Kumar Dogra)
 Deputy Director (Planning)
 Health & Medical Education Department

Deliverables contd...

Sl.No	Major Milestone	Definition	Targets/ Achievement during FY 2020-21	Targets/Achievements for FY 2021-22
4	State Action Plan Climate Change and Human Health(SAPCCHH) inclusive of air pollution and heat action plans	Has the State published the SAPCCHH ?		Under Process (SAPCCH is sent to Administrative Deptt. for Publishing)
5	Task Force meetings with Date of meetings Governing Body Meetings with Date of meetings	How many meetings conducted in the Year 2020-21?		None yet None yet

)

Deliverables contd...

S. N O.	Major Milestone	Definition	Targets/ Achievement during FY 2020-21	Targets/Achievements for FY 2021-22
6	Air pollution & Health	<ul style="list-style-type: none"> • Has the State identified the priority cities and designated the /sentinel hospitals for initiation of surveillance in context of air pollution? •How many of these sentinel hospitals have initiated reporting of surveillance data ? • Issuance of Health Advisory on Air Pollution (Y/N) •IEC translation /dissemination (Y/N) •Development of Health sector preparedness plan on air pollution • if any 		<ul style="list-style-type: none"> • Yes – 8 • 3 •No •Yes
7	Heat and Related illness	<p>FY 2020-21 /2021-22</p> <ul style="list-style-type: none"> • Reporting (Y/N) • Advisory/IEC: (Y/N) • Heat alerts disseminated (Y/N) <p>FY 2021-22</p> <ul style="list-style-type: none"> • To Prepare Heat Preparedness plan • IEC/Meeting/ Hospital preparedness etc planned 		<p>None yet (Will start from March 2022)</p>

Deliverables contd...

S.No.	Major Milestone	Definition	Targets/ Achievement during FY 2020-21	Targets/Achievements for FY 2021-22
8	Awareness Activities	IEC Activities done. Date , Mode (Radio/TV/ Newspaper/Hoardings) Any other activity •Sensitization •International Day Celebration		Done • Through Audio, Visual •International Day of Clean Air and Blue Skies Celebrated on Sept 7 th , 2021
9	Training	Any training conducted for health professionals/workers in the state ? Briefly mention		Under Process
10	Vulnerability Need Assessment	• Has the State started the VNA on climate sensitive disease?		NO
11	Green and Climate Resilient Healthcare	• Has the State undertaken any assessment for Green and Climate Resilient healthcare facilities and details if any •Whether the State is undertaking/undertaken any Green and Climate Resilient healthcare infrastructures development/retrofitting and details if any • Any further actions: please specify		In revised Kayakalp Assessments this year Internal Assessment included-points on climate Resilient Healthcare Infrastructure
12	Research	Has the State started any research on climate sensitive disease?		Details Annexed below

IEC on Air Pollution and Health under the NPCCHH

ہوا کی آلودگی

اپنی صحت کی حفاظت کے لئے کام کریں

آلودگی آپ کو نقصان پہنچاتی ہے

ہوا کے معیار کا انڈیکس کی سطح کو چیک کریں

ہوا کے معیار کا انڈیکس (0-500)	ممكن صحت کے نتائج	کے لئے مشورہ	
		سماں آلودگی	کسٹرو آلودگی
بہتر (0-50)	مختصر	کوئی خاص احتیاطی تدبیر	کوئی خاص احتیاطی تدبیر
معتدل (51-100)	کسٹرو آلودگی میں سماں لینے میں مسدودی ٹیگٹ	کوئی خاص احتیاطی تدبیر	عوامی پائنت سپرونی جسمانی مشقت کو کم کریں
اعمال پسند (101-200)	کسٹرو آلودگی میں سماں لینے یا بیرونی سے متعلق ٹیگٹ	عوامی پائنت سپرونی	جسمانی مشقت سے بچیں
نقصان (201-300)	عوامی پائنت بہت صحت مند لوگوں میں سماں لینے میں ٹیگٹ مختصر سماں کسٹرو آلودگی میں سماں لینے یا بیرونی سے متعلق ٹیگٹ	بہرونی جسمانی مشقت سے بچیں	بہرونی جسمانی مشقتوں سے اجتناب کریں
بہت نقصان (301-400)	عوامی پائنت بہت صحت مند لوگوں میں سماں لینے کی سیدھی ٹیگٹ مختصر سماں کسٹرو آلودگی میں سماں لینے یا بیرونی سے متعلق ٹیگٹ	بہرونی جسمانی مشقتوں سے بچیں	تعمیر کے اندر رہیں اور سرکاری کی سطح کو کم کریں
شدید (401-500)	عوامی پائنت بہت صحت مند لوگوں میں سماں لینے کی سیدھی ٹیگٹ سنگین سماں لینے یا بیرونی سے متعلق ٹیگٹ	بہرونی جسمانی مشقتوں سے بچیں	تعمیر کے اندر رہیں اور سرکاری کی سطح کو کم کریں

کسٹرو آلودگی، بزرگ، 5 سال سے کم عمر کے بچے، حاملہ خواتین، دمہ اور دیگر آہستہ و آہستہ یا پیچھے پھڑوں (سانس) اور دل (قلبی) کی بیماری جیسے پہلے سے موجود بیماری کیلئے زیادہ خطرہ

ماحولیاتی صحت سیل مومبائی تیبڈی اور انسانی صحت کے لئے قومی پروگرام (این پی سی ایچ ایچ)

ڈائریکٹوریٹ آف ہیلتھ سروسز، ہیلتھ سکرٹریٹ (سواستھابھون)

ہوا کی آلودگی

اپنی صحت کی حفاظت کے لئے کام کریں

آلودگی آپ کو نقصان پہنچاتی ہے

ایسا مت کریں

- پشانی بگڑی ہے، زہریلے مسمومات کو ڈاکٹر کے پاس لے جائیں
- بھاری ٹریفک اور صنعتوں والی جگہوں پر مت جائیں
- صبح اور دوپہر 12 بجے اور دوپہر 3 بجے اور دوپہر 6 بجے کے لئے مت جائیں۔
- صبح اور دوپہر 12 بجے اور دوپہر 3 بجے اور دوپہر 6 بجے کے لئے مت جائیں۔
- سگریٹ، بی ڈی اور تباہ کن سے متعلق مسمومات سے بچیں

ایسا کریں

- تعمیر کے اندر رہیں، ٹیگٹ یا سپرونی سگریٹوں کا شیڈول بنائیں
- سانس لینے، چکر کھانی، سینے کی ٹیگٹ یا درد، آنکھوں میں جلن، (سرخ یا آنسو آنے سے) قدرتی ڈاکٹر سے رجوع کریں
- ایسٹروے، پیچھے پھڑوں یا دل کی بیماریوں میں بہت سے افسر اور کوئی دوائی آسانی سے دستیاب رکھیں یا ہسپتال
- کھانا پکانے اور سرکاری مقاصد کیلئے صاف تعمیراتی افسر یا سٹریٹ من (ٹیسٹ یا بجلی) کا استعمال کریں

ماحولیاتی صحت سیل مومبائی تیبڈی اور انسانی صحت کے لئے قومی پروگرام (این پی سی ایچ ایچ)

IEC on Air Pollution and Health under the NPCCHH



ہوائی آلودگی

اپنی صحت کی حفاظت کے لیے عمل کریں

ڈاکٹر سے مشورہ کریں



چکر آنا



سانس کی قلت



کھانسی



ہاتھوں میں تکلیف



آنکھوں کی جلن

کیجئے

گھر کے اندر رہو

سانس لینے، سینے میں تکلیف، آنکھوں میں جلن کی صورت میں ڈاکٹر سے مشورہ کریں۔

اڑوے، پھیپھڑوں یا دل کی بیماریوں میں مبتلا افراد کے لیے ادویات آسانی سے دستیاب رکھیں۔

کھانا پکانے اور گرم کرنے کے لیے دھواں سے پاک ایندھن استعمال کریں۔

مت کیجئے



بھاری ٹریفک والی جگہوں پر جانے سے گریز کریں۔



صبح اور دیر شام دروازے اور کھڑکیاں کھولنے سے گریز کریں۔



صبح کی سیر پر جانے سے گریز کریں۔



پناہ نہ لائیں



تباہی کو مصنوعات کو نوشی نہ کریں

ماحولیاتی صحت سیل
موسمیاتی تبدیلی اور انسانی صحت کے لیے قومی پروگرام
ڈائریکٹوریٹ آف ہیلتھ سروسز، ہیلتھ سیکرٹریٹ
(سواستھاپون کیمپ بائی پاس، سرنگر 190018، کشمیر)
ہیلپ لائن نمبر: 91-9419010363, 9622666221
ای میل: cchh.kashmir@gmail.com

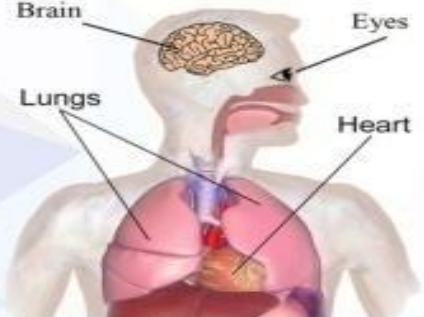


Directorate of Health Services
KASHMIR



IEC Posters: Air Pollution and Health

Ministry of Health and Family Welfare
Government of India



Pollution Harms You

Protect your health from air Pollution

Prevent Air Pollution

Check the Air Quality Index Level

Air Quality Index (AQI) (Pollution level)	Possible Health Consequences	Advice for	
		General Population	Vulnerable Population*
Good (0-50)	Low risk	No special precautions	No special precautions
Satisfactory (51-100)	Minor breathing discomfort in vulnerable population*	No special precautions	Reduce prolonged or strenuous outdoor physical exertion
Moderate (101-200)	Breathing or other health related discomfort in vulnerable population*	Reduce prolonged or strenuous outdoor physical exertion	Avoid prolonged or strenuous outdoor physical exertion
Poor (201-300)	- Breathing discomfort in healthy people on prolonged exposure - Breathing or other health related discomfort in vulnerable population* on short exposure	Avoid outdoor physical exertion	Avoid outdoor physical activities
Very Poor (301-400)	- Respiratory illness in healthy people on prolonged exposure - Pronounced respiratory or other illnesses in vulnerable population* on short exposure	Avoid outdoor physical activities, especially during morning and late evening hours	Remain indoors and keep activity levels low
Severe (401-500)	- Respiratory illness in healthy people on prolonged exposure - Serious respiratory or other illnesses in vulnerable population* on short exposure	Avoid outdoor physical activities	Remain indoors and keep activity levels low

* Vulnerable population (high risk): Elderly, children under 5 years, pregnant women, pre-existing illnesses like asthma and other airway or lung (respiratory) and heart (cardiovascular) diseases


AQI= Air Quality Index; Check the daily AQI through the following websites before planning your day

CPCB - https://app.cpcbcr.com/AQI_India/ MAPAN-SAFAR - <http://safar.tropmet.res.in/>

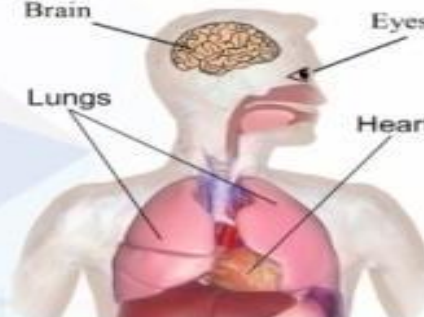
www.mohfw.nic.in
www.mygov.in
www.pmindia.gov.in

moahwinda
@MoHFW_INDIA

<http://moec.gov.in/>
@director_NCDC



Ministry of Health and Family Welfare
Government of India



Pollution Harms You

Protect your health from air Pollution

Prevent Air Pollution

Don't

- ✗ Don't burn firecrackers, wood, leaves, agricultural products, garbage.
- ✗ Don't go to places with heavy traffic and industries.
- ✗ Don't go for morning and late evening walk, run, jog and physical exercise.
- ✗ Don't open doors and windows during morning and late evening; ventilate in afternoon (12 to 4 p.m).
- ✗ Don't smoke cigarettes, bidis and related tobacco products.


Do's

- ✓ Remain indoors or reschedule outdoor activities.
- ✓ Consult the nearest doctor in case of breathlessness, giddiness, cough, chest discomfort or pain, irritation in eyes (red or watery)
- ✓ Persons with airway, lung or heart illnesses should keep their medications readily available.
- ✓ If using face mask, use proper fit certified N95 or N99 (follow user instructions); simple paper and cloth masks are not so effective.
- ✓ Continue use of clean smokeless fuels (gas or electricity) for cooking and heating purposes.

www.mohfw.nic.in
www.mygov.in
www.pmindia.gov.in

moahwinda
@MoHFW_INDIA

<http://moec.gov.in/>
@director_NCDC



IEC Posters: Heat

**Children love playing in the Sun
heat should not spoil their fun**

Symptoms of heat related illness

- Fainting
- Muscle cramps
- Seizure
- Irritability
- Headache
- Increased sweating
- Weakness, dizziness
- Acts or talk confused
- Fast breathing and heartbeat
- Nausea and vomiting
- Difficulty in waking up or can't wake up
- Body temperature rises to 106 F (40.5°C) or higher

Be careful when child is

- Walking/cycling in Sun
- School assembly
- Playing basketball in Sun

First aid measures

- Bring the child indoors or into the shade immediately
- Loosen their clothing while maintaining their dignity
- Have the child lie down with slightly raised feet
- Use fan to increase airflow
- Soak the child in cool water
- If the child is alert and awake, provide frequent sips of cool, clear fluids
- If the child vomits, turn them onto their side to prevent choking
- If child is unconscious, don't give anything to drink or eat

Prevention

- Stay hydrated
- Cover your self
- Play in sun
- Don't lock cars with kids inside

People at risk

If your child has any of severe symptoms immediately visit nearest health care centre or call ambulance 108

**बच्चे तो गर्मी में खेलेंगे जनाब,
पर तेज़ धूप/लू ना करें उनका मज़ा ख़राब**

गर्मी से संबंधित बीमारी के लक्षण

- बेहोशी
- मांसपेशियों में जकड़न
- गिराई/दीरा पड़ना
- बिड़बिड़ापन
- चिर चर
- अधिक पसीना आना
- कमजोरी/चक्कर आना
- बैठुकी बातें करना
- साँस और दिल की बढ़कन तेज़ होना
- मचली और चट्टी
- पीठ से जानने में कठिनाई या नींद ना खुलना
- शरीर का तापमान 106°F (40.5°C) या उससे अधिक होना

सतर्क रहें जब बच्चे

- धूप में पैदल चलें या साइकिल चलाएँ
- स्कूल असेंबली में हों
- धूप में चंगे पांव खेलें

प्राथमिक चिकित्सा के उपाय

- बच्चों को तुरंत अंदर या छाँप में लाएँ
- बच्चों के कपड़ों को जहाँ तक हो सके ढीला कर दें
- पैरों को थोड़ा सा ऊँचा करके लेटाएँ
- पंखे को इस्तेमाल से हटा कर प्रवाह को तेज़ करें
- बाल के पानी से धोके करें या फिंकवाप करें
- यदि बच्चा थोड़ा भी चक्कर या होरा में है तो उसे तुरंत सीटल पेन जल खिलाएँ
- अगर बच्चे को उल्टियाँ हों, तो उसे कस्टर्ड के बल खिलाएँ हाकी गले में कुछ ना दें
- बेहोशी की हालत में उसे कुछ भी खाने पीने को ना दें

बचाव


- पर्याप्त तरल पदार्थों को लें
- अपने आपको अच्छे से ढकें
- धूप में खेलना
- माकी लॉक ना करें जब बच्चे माकी में हों

यदि आपके बच्चे में कोई भी गंभीर लक्षण है तो तुरंत नज़दीकी स्वास्थ्य केंद्र पर जाएँ या एम्बुलेंस को (दुलाएँ) कॉल करें

अतिरावेदनशील लोग

IEC on Air Pollution and Health under the NPCCHH

فضائی آلودگی سے
اپنے آپ کو کیسے بچایا جائے



1. جاننے سے پہلے ہوا کے معیار کا انڈیکس چیک کریں

2. گنجان علاقوں سے بچیں

3. کھڑکی اور دروازہ بند رکھیں

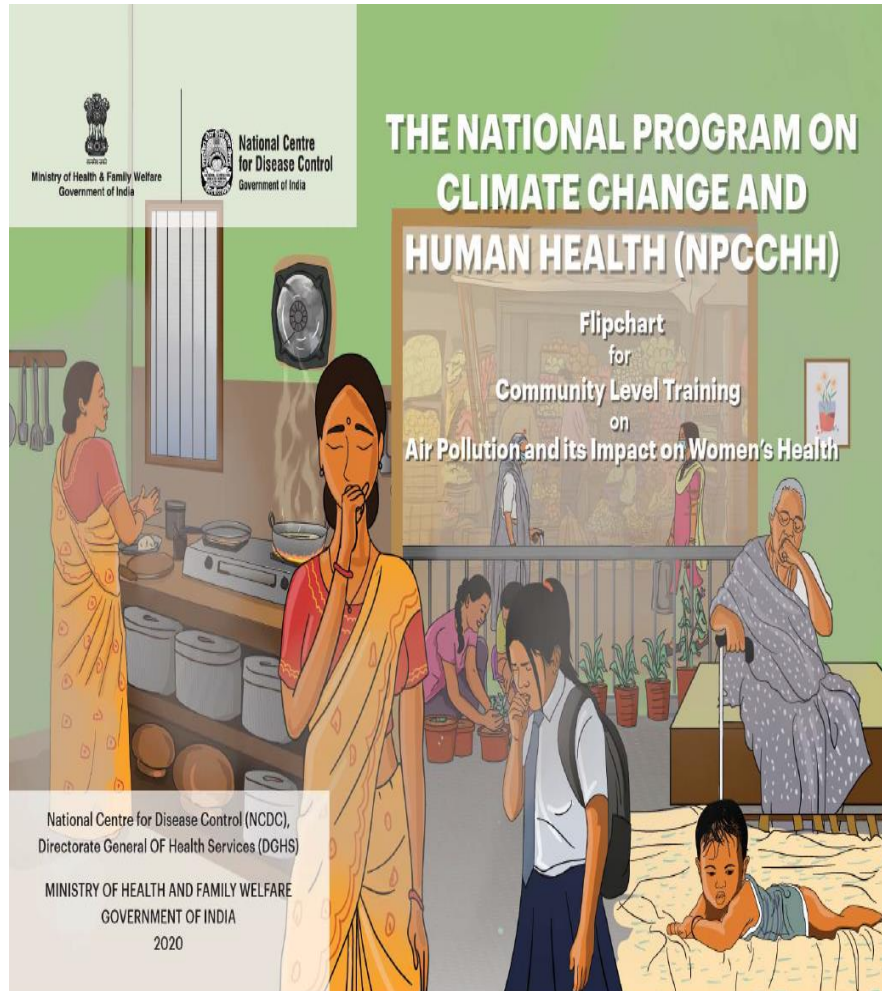
4. تمباکو نوشی نہ کریں

ماحولیاتی صحت سیل

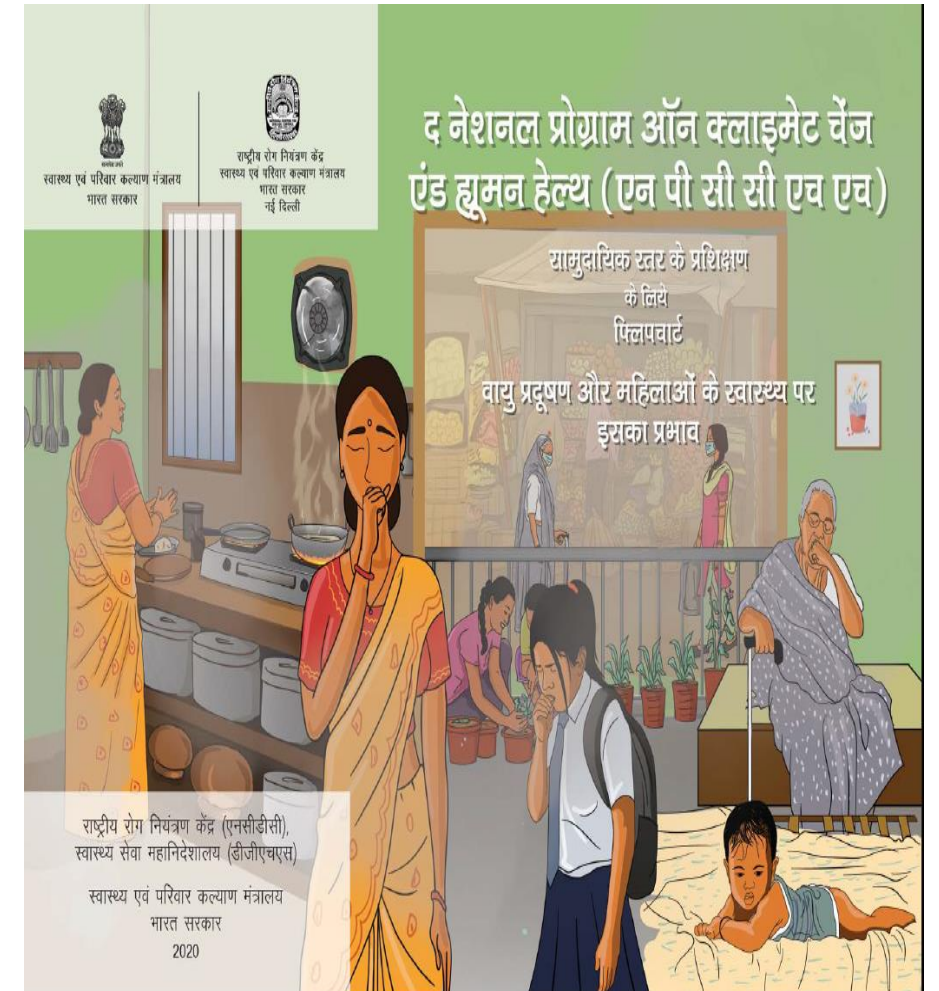
موسمیاتی تبدیلی اور انسانی صحت کے لئے قومی پروگرام (این پی سی سی ایچ ایچ)

ڈائریکٹوریٹ آف ہیلتھ سروسز، ہیلتھ سکریریٹ (سواستھا بھون)

English Version



Hindi Version



'J&K Open 2021' pro-golf tournament commences today

Professional golf players from JK will represent India: Sarmad Hafeez



Srinagar, Sep 14: The Professional Golf Tour of India (PGTI), an offshoot of the Indian Golf Federation, is set to launch its first professional golf tournament in the world's largest democracy, India, on September 15 and will conclude on September 19. The first event will be the 'J&K Open 2021' which will be held at the Sher-e-Kashmir Golf Course (SKGC), Jammu. The tournament will start from September 15 and will conclude on September 19 and will carry a prize purse of Rs. 10 lakh. The Pro Golfers will be representing India in the J&K Open 2021. The tournament is part of the PGTI's efforts to promote professional golf in the country. The tournament is part of the PGTI's efforts to promote professional golf in the country. The tournament is part of the PGTI's efforts to promote professional golf in the country.

No dearth of sports talent in J&K: Union Min Thakur

Advisor Farooq lauds centre for mega outreach prog



Gandolai, Sep 26: Union Minister for Sports, Youth and Skill Development, Union Minister Thakur Anand Singh, today said there is no dearth of sports talent in J&K and urged the government to invest in the youth to harness their skills. The Union Minister made these remarks after touring the foundation stone of the J&K Sports Council, which is set to be inaugurated on October 15. He said that the government will invest in the youth to harness their skills and that the government will invest in the youth to harness their skills.

Government of Jammu and Kashmir Directorate of Animal Husbandry Kashmir



Rabies Symptoms of Rabies in Dogs/Cats

- ✓ Loss of appetite
- ✓ Hydrophobia
- ✓ Frothy Salivation
- ✓ Dropped jaw
- ✓ Behavioral change
- ✓ Meowing or Barking differently
- ✓ Chewing of Strange objects
- ✓ Staggering or falling
- ✓ Fear of exposure to light
- ✓ Partially/Completely paralysed

How to protect yourself from AIR POLLUTION

- ✓ Check air quality index before leaving from your location
- ✓ Avoid congested areas
- ✓ Close doors & windows on polluted days
- ✓ Don't smoke tobacco products

National Kestock Championship 2021: Growth Sports Academy athletes' bag 7 gold, 11 silver and 2 bronze medals

Srinagar, Sep 14: A brilliant performance by the athletes of Growth Sports Academy (GSA) at the National Kestock Championship 2021, held in Gandolai, Jammu, has resulted in the team bagging 7 gold, 11 silver and 2 bronze medals. The team was led by their coach, Mr. Anand Singh, and consisted of 15 athletes. The team's performance was a testament to their hard work and dedication. The team's performance was a testament to their hard work and dedication.

Hain Soccer Cup: Arco FC clinches title

Srinagar, Sep 14: An exciting Super Hain Soccer Cup by defeating the defending champions, Arco FC, has clinched the title. The match was a closely contested affair, but Arco FC emerged victorious in the final. The team's performance was a testament to their hard work and dedication. The team's performance was a testament to their hard work and dedication.

Galaxy FC & Real Kashmir U-18 draws; qualify for 2nd round

Srinagar, Sep 14: In a thrilling encounter, Galaxy FC and Real Kashmir U-18 teams have drawn 1-1 in their match. Both teams qualified for the second round of the tournament. The match was a closely contested affair, but both teams emerged victorious. The match was a closely contested affair, but both teams emerged victorious.

Protect your pets and yourself

- Vaccinate your pets as prescribed
- Donot touch stray animals
- Donot leave garbage or pet food outside as it may attract stray unvaccinated animals
- Donot let your pets roam free

South Kashmir volleyball club clinches in shopian

Cambridge Volleyball club Shopian, Maroofa volleyball club Kulgam emerge winners

Srinagar, Sep 14: The South Kashmir Volleyball Club has clinched the title in the Cambridge Volleyball Club Shopian, Maroofa Volleyball Club Kulgam emerge winners. The match was a closely contested affair, but the South Kashmir Volleyball Club emerged victorious. The match was a closely contested affair, but the South Kashmir Volleyball Club emerged victorious.

Air Pollution Act to protect your health

Srinagar, Sep 14: The Air Pollution Act is a crucial measure to protect your health. It provides guidelines for the use of vehicles and the disposal of waste. The act is a crucial measure to protect your health. It provides guidelines for the use of vehicles and the disposal of waste.

43 & 53 GRADE OPC

43 GRADE OPC

50 Kgs NETT

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Govt making sustainable investment in healthcare, clinical workforce to make life better for people: LG

Directs Health deptt to ensure functioning of ventilators, other life-saving equipment



Srinagar, Sep 27: Lieutenant Governor (LG) Anand Kumar Singh today directed the Health Department to ensure the functioning of ventilators and other life-saving equipment. He said that the government is making sustainable investments in healthcare and clinical workforce to make life better for people. He said that the government is making sustainable investments in healthcare and clinical workforce to make life better for people.

Peace, building trust hinges on Pak's actions: Army Chief

Srinagar, Sep 27: The Army Chief today said that peace and building trust between India and Pakistan hinges on Pakistan's actions. He said that the Indian Army is committed to maintaining peace and stability in the region. He said that the Indian Army is committed to maintaining peace and stability in the region.

Police bars protected person from venturing out without clearance

Srinagar, Sep 27: The police today barred a person from venturing out without clearance. The person was found in a restricted area and was taken into custody. The person was found in a restricted area and was taken into custody.

Watch out, engineering graduate turned mentalist can guess your mind!

Srinagar, Sep 27: An engineering graduate has turned a mentalist and can guess your mind. He has performed several mind-reading stunts and has gained a large following. He has performed several mind-reading stunts and has gained a large following.

Do's

- ✓ Consult doctor in case of nasal/eye/ throat discomfort, irritation in eyes
- ✓ Keep medications readily available for persons with allergy, lung or heart diseases
- ✓ Use clean stainless steel for cooking and heating purposes

Don'ts

- ✗ Avoid going to places with heavy traffic
- ✗ Avoid opening doors and windows in early morning & late evening
- ✗ Avoid going for morning walk
- ✗ Don't burn brackens
- ✗ Don't smoke tobacco products

World Environment Day-2021

'A Pledge for Eco-system Restoration'

at various tourist destinations of Kashmir on June 05, 2021

JKTourismOfficial | **JKTourismOfficial** | **JandKTourism**

Activities conducted for observing International Day of Clean Air for Blue Skies



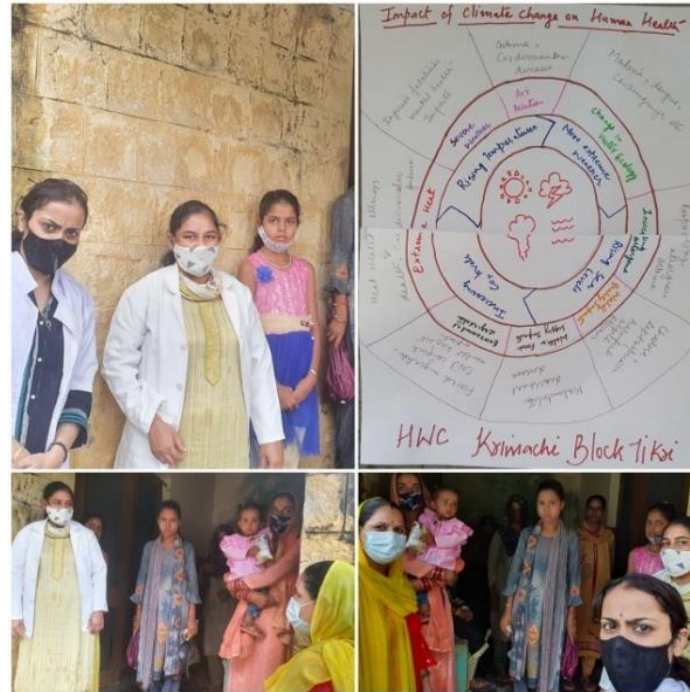
CELEBRATION OF CLEAN AIR FOR BLUE SKIES IN BLOCKS QAZIGUND, KULGAM DH PORA OF DISTRICT KULGAM 7TH SEPTEMBER, 2021



CELEBRATION OF CLEAN AIR FOR BLUE SKIES IN BLOCKS QAZIGUND, KULGAM DH PORA OF DISTRICT KULGAM 7TH SEPTEMBER, 2021

CELEBRATION OF CLEAN AIR FOR BLUE SKIES IN BLOCKS QAZIGUND, KULGAM DH PORA OF DISTRICT KULGAM, KASHMIR 7TH SEPTEMBER 2021

Activities conducted for observing International Day of Clean Air for Blue Skies in the State



District Udhampur



National Program on Climate Cha... · 1m ·
 #WorldCleanAirDay
 #Senior Health official from Indian Northernmost region- UT of Jammu & Kashmir with a clear message for Public Awareness Campaign(6-11 Sept) under programme
 #4 Sentinel Surveillance Sites for air polluted illnesses under programme in J&K
 #CleanAirHealthyPlanet



Video Message from SNO-CC, J&K telecasted on Local News Channel and shared on Twitter handle of NPCCHH, MOHFW, GOI

Research related activities on the area

International Journal of Health Sciences, Qasim University, Vol. 2, No. 1, pp. 105-108, (January 2008/Muharram 1429H)

Gujjar Lung: A Disease Mimicking Miliary Tuberculosis

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¹Department of Medicine, Government Medical College, ²Government Medical College Associated SMHS Hospital, Srinagar, ³Regional Institute of Health and Family Welfare, DHS, ⁴Department of Medicine, Government Medical College, ⁵Department of Medicine, SKIMS, ⁶SKIMS, Medical College, ⁷Government Medical College Associated Chitranjan Mobile Teaching-cum-Services, Hospital, Srinagar (India)

Abstract: Gujjar lung is a chronic lung disease caused due to the long-term exposure to pinewood smoke inhalation in Gujjar community and the people residing at the hilly regions of the Indian sub-continent. This is characterized clinically by progressive cough and dyspnea, distinct radiological patterns and pathological features of anthracotic nodules and fibrosis. A typical case with miliary mottling on chest radiograph is presented and the relevant literature reviewed.

Keywords: Pine wood smoke, Miliary shadows, Anthracotic nodules, Interstitial lung disease.

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RESEARCH LETTER

Domestic smoke pollution from biomass fuel combustion and increased prevalence of cataracts in Jammu and Kashmir, India

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Government Medical College associated, Chitranjan Mobile Teaching-cum-Services Hospital, Srinagar, Kashmir-190010, ¹Regional Institute of Health and Family Welfare, DHS, Srinagar, Kashmir, ²Ophthalmology Unit, Government Medical College associated, Chitranjan Mobile Teaching-cum-Services Hospital, Srinagar, Kashmir-190010, ³Ophthalmology Unit, Government Medical College, Srinagar, Kashmir-190010, India.

Issue and Challenges

- AQI Index levels are only available in Jammu and Srinagar City monitoring stations and remaining parts of UT don't have this facility.
- J&K comes under earthquake vulnerable zone IVth and Vth, UT is also vulnerable to flash floods, Landslides and snow blizzard. Bu, no identification or mapping has been done for high risk areas especially in disaster risk planning.
- Inadequate sewerage system poses water and vector borne diseases. People in Srinagar city are found to dispose sewerage in Dal Lake and Jhelum River.
- Ground Water Level depletion with industrial effluent, Untreated Water and Sewerage disposed off in uncovered disposal site and run off from agricultural fields.
- Abnormal Rainfall and increasing surface temperature leads to flash floods, surface runoff and increase in Diarrhoeas, Malaria, Dengue, Chikangunya prevalence and heat stroke.
- Cooperation from other stake holders is in infancy.

THANK YOU